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FOR IMMEDIATE RELEASE
02.06.09

TEENS ARE CLIMBING THE WALLS

TRIANGLE ROCK CLUB'S JUNIOR CLIMBING TEAM SCORES HIGH AT REGIONAL COMPETITION

Morrisville, NC - Teenagers who take their rock climbing seriously headed to Suwanee Georgia just after the holidays for a regional indoor climbing competition with the American Bouldering Series (ABS). The January 19th contest drew young climbers from all over the southeast, all vying for a shot at an invitation to the national championships.

Teens on Raleigh's Triangle Rock Club (TRC) youth team traveled to Suwanee to compete against the region's best young climbers, and shocked the competition with strong showings in several categories.

TRC coach Shane Messer said, "All of our junior team did fantastic, especially with almost all of our competitors traveling a lot over their Christmas break, which didn't give them much time to climb before the event." If the final standings are any indication, these young people were impressive, even with all their holiday travels. The TRC team had 4 climbers competing along with about 40 total challengers.

All 4 of the team TRC climbers placed in the top 4 or better in their divisions. The standings were: Stephanie Thompson, 2nd, female youth B. Megan Milan, 4th, female youth B. Rachel Godown, 3rd, female youth A. Chase Redden, 4th, male junior.

"For a team as new as ours, to have results like these, makes me very happy for what the future has in store for the TRC team," said Messer. True to their nature, the young climbers stretched what was supposed to be a 4-hour contest into a 9-hour climbing jam.

Bouldering, the specific discipline of climbing that the competitors were doing, consists of performing difficult series of maneuvers close to the ground, lowering the height, but often raising the difficulty. Thanks to his high scores at the ABS Regional Youth Comp, Chase Redden was invited to the Youth National Climbing Championships, held in Boulder Colorado from February 13th to the 15th. Coach Shane Messer will also be competing at nationals due to his high marks in multiple local climbing competitions.

Next, Team TRC is setting their sights on the USA Climbing 'Sport Climbing Series'. A local climbing competition, the Carolina Crush, scheduled within the series, will be held at Triangle Rock Club in Raleigh on March 21st. Registration will open for the Crush the first week in March.

Triangle Rock Club is the Raleigh area's premiere indoor rock climbing center and gym. This new, state-of-the-art facility offers climbing instruction for both children and adults, lead and top rope climbing, bouldering and a comprehensive strength and aerobic fitness center. For more information, contact Andrew Kratz at Triangle Rock Club at 919-463-7625, or go to www.trianglerockclub.com

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