

# NEWS RELEASE



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**FOR IMMEDIATE RELEASE**  
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## **AREA CLIMBING TEAM EARNS NATIONAL HONORS** **Local youth win divisions, make U.S. National Team**

MORRISVILLE - Movin' on up! After a strong showing at the Divisional Championships in Virginia last month, Team Triangle Rock Club, the junior climbing team from Triangle Rock Club (TRC), traveled to Atlanta, GA where nine youth members competed in the Sport Climbing Series National Championships earlier this month.

"Climbing gives our team members the opportunity to participate and excel at an extreme sport in a safe, fun and encouraging environment." Coach Shane Messer explained. "It's a really strong showing to have nine kids qualify for nationals, with three placing in four categories."

Competitors are put into groups by age (denoting A,B,C,D) and the placements of the TRC climbers from finals are as follows:

Kai Lightner            1st place difficulty male Youth D (11 and under)  
                                 4th place speed  
                                 Made the U.S. National Youth Climbing team

Cameron Mann        1st place speed male Youth D (11 and under)  
                                 Made the U.S. National Youth Climbing team

Meg Milan              7th in female Youth B (14-15)

"I would like to congratulate all of our participants from Team TRC and I'm looking forward to next year very much," Messer said. "TRC will be having a team open house September 13th. It is open to the public and I would like to personally invite anyone interested in how to get their child involved in climbing to bring them down to find out more."

In other news, Shane Messer obtained his level 3 route setting certification for the national championship in Atlanta. This is the 4th national-level competition that he has been recruited to set for this year.

Triangle Rock Club is the Raleigh area's premiere public indoor rock climbing center and gym. This state-of-the-art facility offers both lead and top rope climbing, bouldering and a comprehensive strength and aerobic fitness center. For directions or more information, visit [www.TriangleRockClub.com](http://www.TriangleRockClub.com) or contact TRC at 919-463-ROCK (7625).

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